



BUYER'S GUIDE

HELPING YOU CHOOSE THE RIGHT HOT TUB FOR YOU



A couple is seen from behind, relaxing in a hot tub. The man is on the left, and the woman is on the right, with her long hair flowing in the water. They are both looking out at a dense, misty forest. The scene is dimly lit, with a soft blue and green color palette, creating a serene and relaxing atmosphere.

A LIFETIME OF RELAXATION AWAITS...

Purchase your hot tub in confidence with Superior Wellness

We lead the market as the world's fastest growing hot tub manufacturer and create premium, high quality products focused on improving your health and well-being.

Our brand values are quality, choice, care and innovation. This is our focus every day, working to achieve the highest standards.

Everything we do is beyond expectations.

Whether you are looking to combat aches and pains, increase your physical activity, connect with family and friends or overcome stress, owning a hot tub can help you achieve all of this and so much more.

Our range of high quality hot tubs offer innovation, performance and are built to last the test of time. Engineered with some of the best materials in the industry, our products deliver a quality hydromassage experience, offering you a guaranteed lifetime of relaxation.

Hot tubs are a great addition to any lifestyle – offering different experiences depending on what you're looking for. Most hot tubs are designed to provide relaxation through hydrotherapy, but there also models designed to help maintain fitness too. Our team is trained in helping you find the right product for you. We will talk you through each model's unique features, advise on the steps required to prepare for installation and share with you what the benefits of owning a hot tub are.

To help get you started, read through our hot tub buyer's guide and explore the different ways a hot tub can benefit your health and how best to find the right choice for you.

A dark, moody photograph of a man and a woman sitting in a hot tub at night. The water is bubbling, and steam is rising from the surface. The background is dark, with some faint lights visible in the distance.

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HOT TUB STRUCTURE

The below structural breakdown highlights what each hot tub feature is and some handy top tips.

Jets

Hot tub massage jets come in a variety of sizes and functions. To strategically position or coordinate your targeted areas, you'll need to find the most complementary seating for your height. We advise all customers to test the product at a showroom where possible before purchasing – this gives you the opportunity to potentially sit in a hot tub and understand which positioning is most suited to your needs.

TOP TIP:

If you are considering a hot tub for hydrotherapy purposes, it is important to favour the placement of jets over the quantity. Look for jets that are placed in correspondence with the areas of your body you'd like to target with hydromassage.

Seats

Moulded into the hot tub shell, the seating arrangement is different in every hot tub, with some seats completely submerging you to your neck and offering a full-body massage. Some hot tubs will even come with a variety of seat, lounge and jet configurations to offer the ultimate hot tubbing experience.

TOP TIP:

Arrange to visit a local hot tub showroom and test the different seating options to get a feel for which ones offer the most comfortable fit for you.

Shell

The shell is the interior lining of your hot tub, which is usually crafted from plastic, vinyl, or acrylic. It is important to remember that hot tub shells cannot be replaced – bear this in mind when choosing your preferred hot tub model. Typically, entry-level hot tubs come with plastic or vinyl while premium, high-end hot tubs are built with a more durable acrylic shell.

Internal mechanics

Some of the essential parts that make up a hot tub include the following: a pump, heater, insulation, and filter.

TOP TIP:

Always keep in mind the cost of energy while soaking in your hot tub. Some models are more energy-efficient than others, we recommend speaking to one of our experts before purchasing to find out which model may best suit your expectations.



HYDROMASSAGE HOT TUBS

Soaking in a hot tub can stimulate pressure points like a reflexology treatment or apply rhythmic pressure like a soft tissue massage. If hydrotherapy is the main reason you are purchasing a hot tub – do your research. Some hot tub models offer a more intense hydrotherapy experience than others.

The following are snapshots of the different options available when using a hot tub:

Strategic Positioning

All hot tubs come with different seats and positions. Lounge seats are designed for relaxation purposes, so if it is therapy and relaxation you're most interested in, you'll benefit from finding a hot tub with more lounge seats than standard seats. Some hot tubs will also include 'cool down' seats that sit slightly higher above the waterline – these seats are also often the perfect height for children.

Quality Over Quantity

The quality of a hydromassage is not always dependent on the number of jets. In fact, one of the most important factors is the placement of the jets in the hot tub. When you buy with us, you can have confidence that each hot tub will come with a variety of jets aimed to work on the legs, feet, hands, back and neck, providing a first-class hydrotherapy experience. If you are unsure on what your expectations are, speak with our team directly.

Customise Your Experience

There are so many different features to choose from including LEDs lights, jets, music systems, water fountains, downward LED lights, automatic chemicals – you need to pick the features right for you. For example, lights will impact the mood and atmosphere, whereas music will help entertain your guests.



CHOOSING THE RIGHT HOT TUB FOR YOU

A hot tub is a long-term investment, so you'll want to choose one that is best suited for your home, your lifestyle, your physical needs, and your budget. Before deciding on your hot tub model, ask yourself the following:

Have you done your research?

Like with anything, research is key. There is so much information available online for you to gather insight about the different hot tub models available. Take inspiration from social media, read reviews, FAQ's and watch videos; all of this will help you determine what product is right for you. Alternatively, speak with an expert directly to give yourself the chance to ask any questions you may have. Don't just use price as your deciding factor, research all elements of the hot tub and the company to ensure it is the right investment for you. Visiting a showroom may also be useful in helping you decide the type of aesthetic, style and size you're looking for.

Who will be using it?

Is the hot tub going to be used by one, two or more people? Are you planning on hosting with friends and family? Do any of the potential users have physical limitations that may impact the type of hot tub you purchase? It is important to answer these types of questions to narrow down the options available.

Why are you purchasing a hot tub?

There are numerous benefits associated with owning a hot tub, but when it comes to purchasing one; what is your top priority? Is your main desire to relax or relieve pain and stress through hydrotherapy? Or are you wanting to have a space to connect with friends and family?

Do you have adequate space and access?

Focus on the dimensions based on your space, your installation options and where you would like your hot tub to be positioned. We always recommend working to a minimum width of 1m and a minimum height of 2.4m, when accessing your property with the hot tub.

Which features are most important to you?

Your hot tub should meet your own personal needs. For example, if you have physical needs that requires a targeted hydromassage, you'll want to consider the placement of jets. Alternatively, if it's hosting and connecting with friends and family you are interested in, you'll want to ensure the size is right and you may even consider upgrading some features to create a fun and stimulating experience.

Do you have a budget?

Hot tub prices can vary depending on the size, model and make. It is worth comparing the different models and features available to make sure you are getting the most for your money. If you have a price range in mind, make this known so that we can help you source the right product for you and for your budget. Finance options are also available designed to help stretch your budget that little bit further.



STAY ACTIVE WITH YOUR HOT TUB

With the help of a hot tub, you can reach your weight loss and fitness goals with more comfort, relaxation and a lot less risk of injury. Here are some exercises to improve and maintain your fitness. Start with three sets of 8 to 12 reps each.

Chest and back

With your arms and chest submerged, spread your arms either side of you. Keep your hands flat and fingers pressed together. Once spread either side, bring your hands together in a clapping motion. Try to keep your arms straight and shoulders relaxed.

This exercise can also work the back and shoulder blades by doing it backwards.

Arms

From bicep curls to arm circles, underwater movements can be incredibly challenging even if it doesn't feel that way. For a more advanced workout, carry out these sets holding a slight weight.

Thighs and glutes

In a standing position, with your feet shoulder length apart, bring your arms out in front of you and squat down until your thighs are parallel with the ground. Repeat this move and try not to hyperextend your knees to avoid joint pain.

Don't forget to cool down! It's important to stretch before and after your workouts. Relax and let the water jets message away your stress after your workout for a few minutes.

Stretching

In a seated position, pull your knees into your chest, or try touching your toes. Alternatively, to stretch your upper body, gently pull one arm across your chest at a time, and then up and over your head.

TOP TIP:

A quick, cold shower afterwards will treat muscle inflammation, decrease the risk of soreness and close the pores on your skin.



ENGAGE YOUR SENSES

A perfect way to make the most of your hot tub and all its stimulating features, is to fully engage your senses.

Sight

Scientific research reveals that colours can greatly influence the condition of our emotions and health, as well as causing positive reactions in our minds and bodies. This is referred to as Chroma therapy. Many of our hot tubs come with built in LED lights and technology, creating a constant colour wash or flowing colour sequence. From underwater LED lighting, illuminated waterfalls to exterior panel lighting, our options have been designed to suit all different types of moods and aesthetics.

Sound

Whether you are looking for a relaxing soak, or you're wanting to host a lively party with friends and family; you have the power to choose the sounds you engage with. Many of our hot tubs come with Bluetooth built in, giving you the flexibility to stream your favourite artists, playlist, podcast or radio station. Or, if you're wanting a more relaxed retreat, why not completely switch off and listen to the calming sounds of nature and the great outdoors from the comfort of your very own hot tub?

Smell

Aromatherapy is the practice of using essential oils for therapeutic benefit; a fantastic way to stimulate your sense of smell when soaking in your hot tub. We recommend adding scents or fragrances around your hot tub to compliment your mood. Please speak with us for advice on the most suitable products for the perfect aromatherapy experience.



HOT TUB HEALTH BENEFITS

There are many positives that come with owning a hot tub, but beyond relaxation, enjoyment and connectivity, there are scientifically proven health benefits that soaking in a hot tub can offer.

Stress relief

Hot tubs provide the ideal environment to promote relaxation and stress relief. The warm water, calming waterfalls, mood lighting and jet performance all encourage you to take a deep breath and switch off from everyday life.

Muscle pain relief

Anytime your back aches, your neck hurts, or you feel worn out, step into your hot tub to ease any pain or aches with its powerful jets. The strategically placed jets will target all areas from your back, neck, shoulder, leg and muscles, offering a full body massage.

Improved sleep

Besides the calming feel of a hot tub, when you exit the warm water and bubbles, your body temperature cools, which signals to your brain that it is time to rest. According to research, the simple relaxation gained from a soak in the hot tub may be enough to help you drift off into a more peaceful and deep sleep.

Cardiovascular health

Relaxing in a hot tub can raise your heart rate and lower your blood pressure. Some studies suggest that heat therapy may help reduce cardiovascular risk, especially among those with limited ability to exercise.

Athletic performance

Improve your athletic performance by using your hot tub both before and after you exercise. Soaking in a hot tub before exercising relaxes your body and loosens muscles, making exercise easier and reducing the risk of injury.

Relief from Fibromyalgia

Although there is currently no cure for Fibromyalgia, there are treatments to help relieve some of the symptoms and make the condition easier to live with. Hydrotherapy and relaxing in warm water are a great way for those suffering with the condition to find some potential respite. Routine soaks can also help relieve stress which is another that can make symptoms more intense.



ACCESSIBILITY AND SPACE

In addition to choosing a hot tub that's suitable for you, it is important you make sure that you have ample space and access for a hot tub too. To install a hot tub at your property, some changes may be needed and therefore it is important you speak to our team if you have any questions or concerns with relation to space and accessibility.

Here are some factors to consider before purchasing a hot tub:

Hot tub base

Ahead of installation, you will need to prepare a solid, flat, and strong base which will remain stable for the life of your hot tub. An ideal base material is solid concrete – soft surfaces such as grass, sand or pebbles are not suitable. Existing patio slabs and block paving may be used, but they must be flat, level and on a satisfactory sub-base such as concrete. All newly constructed bases must be prepared in plenty of time prior to delivery to allow time for the concrete to fully set.

Positioning

For safety and maintenance purposes, you should never position your hot tub near overhead cables or power lines. If you choose to position your hot tub near a slope, dip, trough or below ground level, ensure there is adequate draining in place for any excess ground water to run off.

Accessibility

It is important you factor in the surroundings of your desired hot tub position. Are there any slopes, steps or sharp bends that may impact delivery and installation? Are there any height or width restrictions and obstructions such as trees, gates, drainpipes or guttering that may cause issues?

TOP TIP:

We advise all customers to check that they have a minimum width of 1m and a minimum height of 2.4m.



ACCESSORISE YOUR HOT TUB

Owning a hot tub goes so much further than just purchasing and maintaining the hot tub, there are various accessories available that can help enhance your overall hot tub experience.

Cover lifter

A cover lifter is a must-have accessory for any hot tub, not only does it protect debris and dirt from entering the water when not in use, a cover lifter also ensures the water temperatures are better maintained, saving you time, money and energy. You will need to ensure you leave enough space for a cover lifter to fall behind your hot tub. The average cover lifter requires 500mm to drop the cover down the back.

Steps

Enter and exit the hot tub safely with a non-slip step. Make sure you find the right design for your hot tub, although there are now many versatile options that can be assembled to suit either straight edged or curved edged hot tubs.

Filters

Clean filters are vital for the safety, upkeep and longevity of your hot tub. For maximum filtration benefit and to maintain the cleanest possible water, it is recommended to replace your hot tub filter(s) every six months. Weekly and quarterly rinse and soaks are also advised to keep the water sanitary.

Chemicals

It is essential to keep your hot tub clean and clear of bacteria for a safe and pleasant bathing experience. The basic elements that go into the maintenance and balance of hot tub water are sanitiser, pH adjusters and shock treatments. Your hot tub will need to be treated with a sanitiser to control and prevent bacteria growth. The two main sanitisers available to keep your hot tub clean are chlorine and bromine.

Gazebo

A hot tub gazebo not only shields you from direct sunlight, snow, rain or wind, but it also offers a level of privacy to those using the hot tub too. Choose from a full surrounding gazebo shelter or for those who like to change it up, some gazebos come with a simple clip-on canopy giving you the freedom to choose the level of privacy or shelter you would like to achieve.

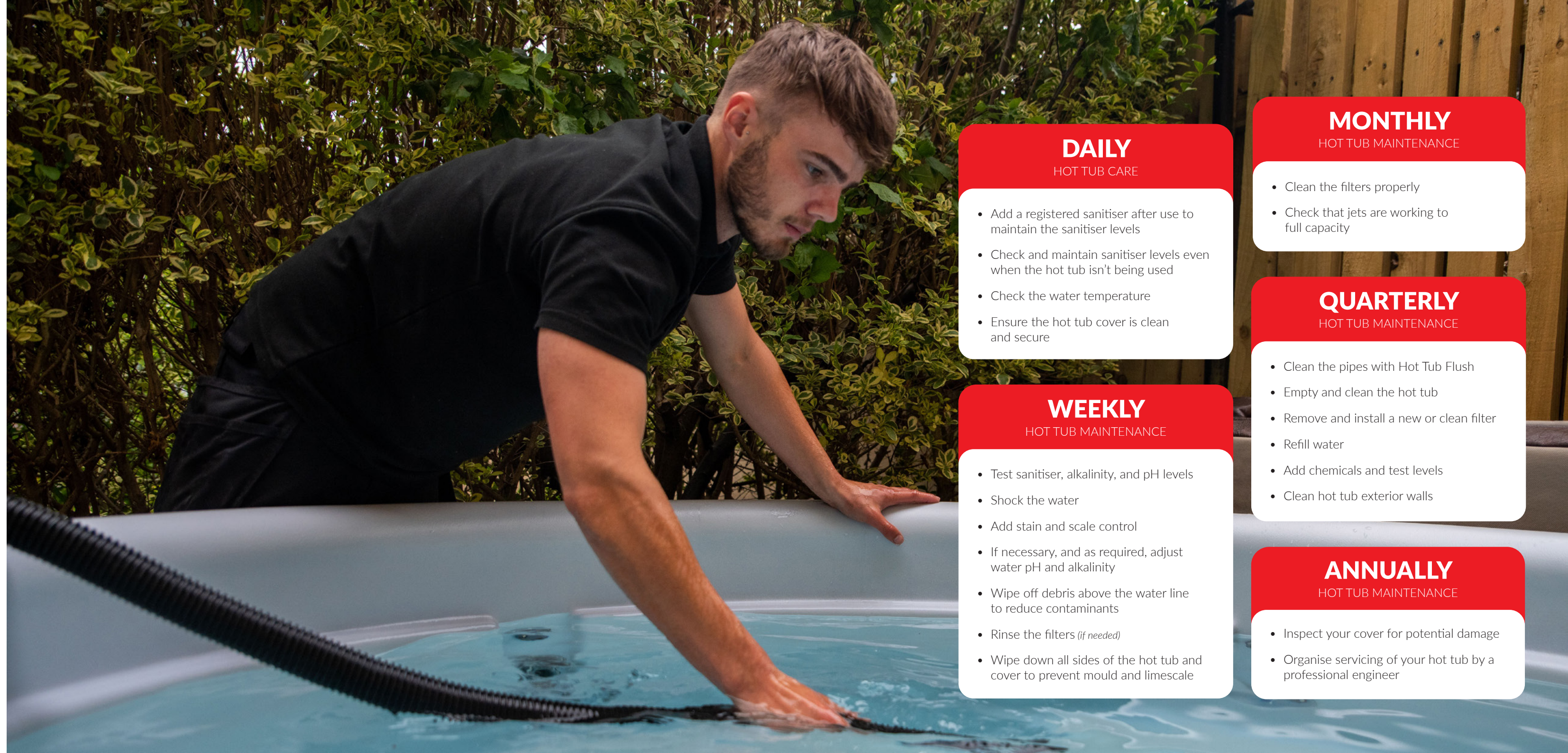
Looking to host the ultimate hot tub party?

The floating Spa Bar brings your drinks straight to you, meaning you'll never have to leave your hot tub to top up your drink! This is the perfect addition when a hosting a hot tub party with your friends and family.

HOT TUB CARE

Maintenance schedule

Interested in purchasing a hot tub, but worried what maintenance will be involved? Don't worry, we've highlighted a recommended maintenance schedule to give you a better insight. The guide is advisory to ensure longevity and safe use of your hot tub and isn't mandatory.



DAILY

HOT TUB CARE

- Add a registered sanitiser after use to maintain the sanitiser levels
- Check and maintain sanitiser levels even when the hot tub isn't being used
- Check the water temperature
- Ensure the hot tub cover is clean and secure

WEEKLY

HOT TUB MAINTENANCE

- Test sanitiser, alkalinity, and pH levels
- Shock the water
- Add stain and scale control
- If necessary, and as required, adjust water pH and alkalinity
- Wipe off debris above the water line to reduce contaminants
- Rinse the filters *(if needed)*
- Wipe down all sides of the hot tub and cover to prevent mould and limescale

MONTHLY

HOT TUB MAINTENANCE

- Clean the filters properly
- Check that jets are working to full capacity

QUARTERLY

HOT TUB MAINTENANCE

- Clean the pipes with Hot Tub Flush
- Empty and clean the hot tub
- Remove and install a new or clean filter
- Refill water
- Add chemicals and test levels
- Clean hot tub exterior walls

ANNUALLY

HOT TUB MAINTENANCE

- Inspect your cover for potential damage
- Organise servicing of your hot tub by a professional engineer

FREQUENTLY ASKED QUESTIONS

Do I need to book an appointment to visit a showroom?

We recommend that you book an appointment to avoid disappointment, but it isn't always required. We advise all customers to ring or contact the showroom directly before travelling.

Can I try before I buy?

Yes. We offer a wet testing experience, which gives you the option to try a hot tub before you buy. Booking is required for this service; walk-in wet tests are not available.

Can I buy a hot tub on finance?

Yes. We offer a variety of finance options to help you purchase your desired product. More information can be provided by a member of our team at our showroom or via telephone.

What features can I choose?

There are so many different features to choose from including LEDs lights, jets, music systems, water fountains, downward LED lights, automatic chemicals – you need to pick the features right for you.

What is a Plug and Play hot tub?

Plug and play hot tubs are suitable for areas where you are unable to get a 40amp power supply to it. They require a 13 amp supply which you can plug into an outdoor waterproof socket and your hot tub will run perfectly. You can still have the massage jets, music and lights on without needing an electrician to come out.

What is a 32 amp hot tub?

The larger the hot tub, the more power and electrical current that is needed. There is no such thing as a 32 amp hot tub, this is just the amount of power that is required to run a standard hot tub that will have a heater and a couple of pumps running simultaneously.

How much is a hot tub?

The cost of a hot tub will depend on several factors such as:

- **Size** – a larger hot tub will usually cost more
- **Features** – number of jets and additional features can impact on cost
- **Construction** – premium hot tubs will use a moulded acrylic interior construction which is usually more expensive than formed plastic but is more robust than the cheaper alternative.

Will I need an electrician to visit my house?

You will need an electrician to sign off your hot tub if you are having 32-amp hot tub. This is because it creates a separate feed from the consumer unit inside of your house with a wire leading outside that then goes into the hot tub. You need a qualified electrician to do this.

How much electricity does a hot tub use?

Each hot tub is completely different to run due to the variety of pumps, components, insulation and covers. It all comes down to how much you use the hot tub. In the first month you may use it every day, this tends to happen with most customers. After the first month you may start to use it less. You will still use it for the benefits of hydrotherapy and relieving stress, but you may see the cost of your electricity come down.

Do I get delivery included?

We offer a delivery service with all hot tubs. This standard delivery includes having the hot tub upright and pulled on a sledge into your back garden. We will need clear access all the way down the side of your house – with no steps or nothing sticking out such as a drainpipe, with a minimum of 1m width all the way. We will get it to the placement where you require it, unwrap it and show you around the hot tub and the functionality and leave it there with you.

I will need a crane, is this included in the delivery?

Cranes are not included in the standard delivery. We work with crane companies nationwide to ensure we get the best rates for you and we can put you in touch with a local company to assist you. A crane/ HIAB must be arranged by the customer. It is the customers responsibility to liaise with and pay the third party directly for this service.

Are there delivery upgrades available?

Yes, there are delivery upgrades available. You can upgrade to have full installation and commissioning. With this, we will help fill your hot tub, give you a full demonstration on the functionality and the control panel. As well as, how to use the chemicals, hot tub filters and other accessories. If this is something you are interested in finding out more information about, contact a member of our team directly.



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